Financial burden for an increasing number of families.

Thanks to greater use of generic drugs, the financial burden of prescription drug costs has decreased amid the generic boom, according to a new study by the RAND Corporation. The study shows that the number of people with drug coverage is increasing, leading to a decrease in costs to families. Over the past five years, the number of people with drug coverage has increased from 76.4% to 82.5% of the population. This is due in part to the increased use of generic drugs, which are typically less expensive than brand-name drugs.

Mental Eating as Food for Thought

Eating mindfully is an important part of maintaining a healthy diet. It's not about how much you eat, but how you eat it. Mindful eating involves paying attention to your body's hunger and fullness signals, the flavors and textures of the food, and the company you're eating with. This can help you avoid overeating and make better food choices.

Why Women Need Fat

Fat is an essential nutrient for women, providing the body with energy and essential fatty acids. It's important for women to get the right amount of fat in their diet. A diet that is high in saturated fat can lead to heart disease, while a diet that is low in fat can lead to deficiencies in essential fatty acids.

The product is widely used in clinical settings and is expected to sell for around $20 if approved.

Counter Oral AIDS Test

The thinking is that a home kit would let people test themselves, or to insist that partners or potential partners take and pass the test as a condition of having unprotected sex. That test could come in the form of a mouthwash that your partner could use, or a saliva test that you could do yourself. This would help prevent the spread of HIV.

Mylan Receives Tentative FDA Approval for Generic Version of Lipitor®

Mylan Inc. (Nasdaq: MYL) today announced that its subsidiary Mylan Laboratories Limited (formerly Matrix Laboratories Limited) has received tentative approval from the U.S. Food and Drug Administration (FDA) for its generic version of Lipitor® (atorvastatin calcium), 10 mg (base), 20 mg (base), 40 mg (base) and 80 mg (base). Lipitor® is approved for the treatment of hypercholesterolemia and hyperlipidemia. Following this approval, Mylan will be able to market its generic version of Lipitor® subject to final approval from the FDA.

Drug Application (ANDA) for Atorvastatin Calcium Tablets, 10 mg (base), 20 mg (base), 40 mg (base) and 80 mg (base)

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How real foods can help you stay healthy and keep the weight off. Diet is such an unpleasant word. (Anything that makes you feel full.)

Healthy Food Guide: Why Women Need Fat

The signs of heart disease can start as early as 40 years old, because of the stresses of work and family. Make dietary changes now to prevent heart disease later in life. Here are some tips:

Specialty Help Can Save Lives in Patients with Hepatitis C

Liver cirrhosis can be a complicated disease, but with the right treatment, it can be managed and even reversed. One of the most effective treatments for liver cirrhosis is a combination of antiviral drugs, which can help stop the progression of liver disease. A new study has shown that this treatment can improve survival and quality of life for patients with liver cirrhosis.

Vision Patients to Live

In the Spotlight

For the first time in several years, we saw a lot of color last November when enough rough edges came to a close. A public health policy that was in place for a long time to save lives also ended at that time. Here are the numbers.

Young Women Can Save Lives, But Only If They Know

If you're a young woman, you may already be aware of the importance of taking care of your health. But did you know that women are at risk for heart disease? In fact, heart disease is the leading cause of death for women in the United States.

Women’s Health News

Mylan’s receipt of tentative approval for its generic version of Lipitor® is a significant milestone for the company, as it marks the first time in more than 15 years that a generic version of Lipitor® has been approved by the FDA. This approval is expected to have a significant impact on the market for generic versions of Lipitor®.